

# GOD Time

Day 1

Read Ephesians 6:18

Week 1 05

Prayer is our way to communicate with God. It's like texting, hanging out, and sharing secrets all in one. We can use it to ask God things, tell Him stuff, praise Him, or thank Him.

*Some people put prayer in a box—making rules and giving it boundaries. But that's not what God had in mind, so this week we're going to fill a box with what prayer really is.*

1 Find a shoebox and cover it with wrapping paper, brown paper, or tissue paper.



2 Wrap the top and bottom of the box separately.

3 Then decorate it with the word **PRAYER** using stickers, markers, drawings, etc.

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THANK God for teaching us about prayer.

# GOD Time

Day 2

Read James 5:13

Week 1 05

Have you ever wondered where you're allowed to pray? That's one way we put prayer in a box and give it boundaries. But really God wants us to pray anywhere, anytime we feel like talking to Him.

Look through old magazines or find pictures on the Internet (with your parents' permission) of fun places you go or you'd like to go, like the **beach, mountains, an amusement park, church, or the mall**. Cut them out and put them ALL in your prayer box, because they are all places you're "allowed" to pray—ANYWHERE!



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ASK God to give you courage to pray everywhere.

# GOD Time

Day 4

Read Romans 8:26

Week 1 05

We've learned that there's not one "right" way to pray, but did you know that you don't even have to have the right words? No matter what you're feeling or what you're going through, you can tell God anything with whatever words you have, and the Holy Spirit will help you pray.

Write the following words on index cards. Think about a time recently you have felt these ways. Put them in your prayer box to remind yourself of how the Holy Spirit helps you.



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KNOW there are many right ways to pray.

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# GOD Time

Day 3

Read 1 Thessalonians 5:17

Week 1 05

It's become normal to pray before meals and at bedtime, but did you know that you could pray anytime you want? It doesn't have to be a certain time on the clock or the calendar. You don't have a prayer limit; it's actually the opposite! God wants you to pray ALL THE TIME!



Make a to-do list of the things you have to do this week—include school, homework, activities, chores, eating, etc. Put a check mark beside each thing you do that can include prayer if you want it to. (It could be everything!) Put the list in your prayer box to remind you when it's a good time for prayer.

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LISTEN to God all day, every day.